

# Männer

## Mannschaftswertung

van Stevendaal	Udo	68	TSV Bargteheide-Triathlon	00:12:09	00:30:11	00:42:20	00:17:36	00:59:56	M AK 40	1	
Stahnke	Johann Jakob	92	TSV Bargteheide-Triathlon	00:10:58	00:33:09	00:44:07	00:18:15	01:02:22	M AK 20	5	
Raabe	Patrick	86	TSV Bargteheide-Triathlon	00:11:27	00:32:49	00:44:16	00:17:16	01:03:32	M AK 25	10	X
Krohn	Jens-Uwe	57	TSV Bargteheide-Triathlon	00:13:01	00:34:44	00:47:45	00:20:34	01:08:19	M AK 55	30	46
Röckendorf	Niels	72	TSV Bargteheide-Triathlon	00:14:21	00:34:01	00:48:22	00:20:17	01:08:39	M AK 40	31	
Tödloff	Sven	66	Tri Team Neumünster	00:11:41	00:29:21	00:41:02	00:18:55	00:59:57	M AK 45	2	
Meinert	Heiko	79	Tri Team Neumünster	00:12:18	00:32:25	00:44:43	00:19:01	01:03:44	M AK 30	11	
Sachau	Lars	82	Tri Team Neumünster	00:11:36	00:32:51	00:44:27	00:20:01	01:04:28	M AK 30	16	
Reich	Ronald	64	Tri Team Neumünster	00:12:21	00:32:21	00:44:42	00:21:07	01:05:49	M AK 45	21	50
Haß	Ulrich	73	Tri Team Neumünster	00:14:01	---	---	---	01:10:08	M AK 35	37	
Eggert	Philipp	91	SG Wasserratten Norderstedt	00:09:44	00:32:19	00:42:03	00:19:15	01:01:18	M AK 20	3	
Buschbeck	Malte	95	SG Wasserratten Norderstedt	00:09:19	00:32:54	00:42:13	00:21:04	01:03:17	M JA	9	
Neuefeind	Tarek	94	SG Wasserratten Norderstedt	00:11:14	00:34:05	00:45:19	00:18:56	01:04:15	M JUN	13	
Jähning	Maximilian	89	SG Wasserratten Norderstedt	00:12:51	00:35:55	00:48:46	00:19:02	01:07:48	M AK 20	29	54
Maeker	Gunnar	93	SG Wasserratten Norderstedt	00:12:12	00:41:25	00:53:37	00:28:42	01:22:19	M JUN	67	
Langfeld	Peter	72	Tri Endurance Germany	00:13:33	00:31:20	00:44:53	00:18:03	01:02:56	M AK 40	7	
Prahl	Christian	91	Tri Endurance Germany	00:12:15	00:33:44	00:45:59	00:19:07	01:05:06	M AK 20	19	
Wachter	Christian	87	Tri Endurance Germany	00:13:03	---	---	---	01:06:23	M AK 25	24	
Wachter	Dennis	83	Tri Endurance Germany	00:13:03	00:33:23	00:46:26	00:21:18	01:07:44	M AK 25	28	78
Pommerening	Martin	82	Tri Endurance Germany	00:15:36	00:38:02	00:53:38	00:22:56	01:16:34	M AK 30	59	
Süßmann	Frederic	92	Team B&H Sports SC Itzehoe U23	00:10:47	00:34:02	00:44:49	00:18:11	01:03:00	M AK 20	8	
Jeworek	Pascal	91	Team B&H Sports SC Itzehoe U23	00:11:26	00:32:41	00:44:07	00:19:48	01:05:55	M AK 20	22	X
Eim	Nico	96	Team B&H Sports SC Itzehoe U23	---	---	---	---	01:05:56	M JA	23	
Petermann	Rene	92	Team B&H Sports SC Itzehoe U23	00:11:31	00:34:48	00:46:19	00:20:20	01:06:39	M AK 20	25	78
Sönksen	Henrik	93	Team B&H Sports SC Itzehoe U23	00:12:55	00:35:08	00:48:03	00:23:50	01:11:53	M JUN	44	
Schreiber	Torsten	79	Borener SV	00:11:09	00:31:41	00:42:50	00:19:30	01:02:20	M AK 30	4	
Hansen	Nick	95	Borener SV	00:10:57	00:34:11	00:45:08	00:19:54	01:05:02	M JA	18	
Marten	Thomas	59	Borener SV	00:13:43	00:34:41	00:48:24	00:20:58	01:09:22	M AK 50	33	
Probst	Matthias	75	Borener SV	00:14:47	00:35:03	00:49:50	00:20:22	01:10:12	M AK 35	38	93
Gaasch	Bernd	62	Borener SV	00:15:06	00:35:45	00:50:51	00:19:45	01:10:36	M AK 50	41	
Drosdowski	Andreas	71	LAV Husum	00:12:18	00:30:35	00:42:53	00:17:29	01:02:22	M AK 40	6	X
Nothbaar	Jan Hendrik	91	LAV Husum	00:11:28	00:33:26	00:44:54	00:19:32	01:04:26	M AK 20	15	
Hansen	Jannek	89	LAV Husum	00:14:50	00:35:19	00:50:09	00:19:18	01:09:27	M AK 20	34	
Fabig	Sigurd	61	LAV Husum	00:11:56	00:34:48	00:46:44	00:26:12	01:12:56	M AK 50	45	100
Groen	Frank	62	SG Trias Bad Schwartau / PSV Eutin	00:12:02	00:32:47	00:44:49	00:19:05	01:03:54	M AK 50	12	
Birmeyer	Stephan	69	SG Trias Bad Schwartau / PSV Eutin	00:12:26	00:30:38	00:43:04	00:19:43	01:04:47	M AK 40	17	X
Heidenreich	Markus	67	SG Trias Bad Schwartau / PSV Eutin	00:14:09	00:35:16	00:49:25	00:22:04	01:11:29	M AK 45	43	
Zeller	David	94	SG Trias Bad Schwartau / PSV Eutin	00:11:19	00:38:11	00:49:30	00:27:31	01:17:01	M JUN	61	133

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Windbracke	Frank	82	Team B&H Sports SC Itzehoe Ü23	00:11:32	---	---	---	01:05:22	M AK 30	20	X
Steffens	Roger	66	Team B&H Sports SC Itzehoe Ü23	00:13:45	00:35:26	00:49:11	00:20:54	01:10:05	M AK 45	35	
Radau	Stefan	67	Team B&H Sports SC Itzehoe Ü23	00:14:20	00:34:42	00:49:02	00:21:30	01:10:32	M AK 45	40	
Zander	Malte	80	Team B&H Sports SC Itzehoe Ü23	00:14:56	00:37:02	00:51:58	00:18:48	01:10:46	M AK 30	42	137
Pruter	Timo	88	Team B&H Sports SC Itzehoe Ü23	00:17:15	00:37:03	00:54:18	00:22:19	01:16:37	M AK 20	60	
Petersen	Willi	70	Triathlon Team Südtondern	---	---	00:45:26	00:19:59	01:07:25	M AK 40	26	X
Nahnsen	Björn	77	Triathlon Team Südtondern	00:14:46	00:34:30	00:49:16	00:18:22	01:07:38	M AK 35	27	
Petschat	Udo	68	Triathlon Team Südtondern	00:16:13	00:35:13	00:51:26	00:18:54	01:10:20	M AK 40	39	
Ziriakus	Marco	74	Triathlon Team Südtondern	00:15:32	00:38:32	00:54:04	00:21:21	01:15:25	M AK 35	54	146
Friedrichs	Torben	92	Triathlon Team Südtondern	00:12:25	00:35:35	00:48:00	00:25:32	01:15:32	M AK 20	55	X
Petersen	Dirk	69	TSV Westerland	00:11:59	00:32:37	00:44:36	00:19:47	01:04:23	M AK 40	14	
Leppek	Henning	70	TSV Westerland	00:14:57	00:38:44	00:53:41	00:19:40	01:13:21	M AK 40	48	
Hoenack	Eric	96	TSV Westerland	---	---	00:48:39	00:24:53	01:13:32	M JA	49	
Schmidt	Mario	67	TSV Westerland	00:16:53	00:37:51	00:54:44	00:20:48	01:15:32	M AK 45	56	167
Jaschik	Jannis	90	Tri-Sport Lübeck	00:13:58	00:34:37	00:48:35	00:20:26	01:09:01	M AK 20	32	
Schröder	Sven	86	Tri-Sport Lübeck	00:12:16	00:38:17	00:50:33	00:22:47	01:13:20	M AK 25	47	
Brauer	Eik	78	Tri-Sport Lübeck	00:17:17	00:36:50	00:54:07	00:20:25	01:14:32	M AK 30	52	
Röbke	Niels	70	Tri-Sport Lübeck	00:16:32	00:38:58	00:55:30	00:24:15	01:19:45	M AK 40	63	194
Wellpott	Thomas	81	SG Tantalus Kiel	00:15:14	00:35:43	00:50:57	00:19:08	01:10:05	M AK 30	36	
Kroll	Rafael	73	SG Tantalus Kiel	00:14:13	00:37:31	00:51:44	00:22:33	01:14:17	M AK 35	50	
Hendrych	Ralf	66	SG Tantalus Kiel	00:15:21	00:38:20	00:53:41	00:20:42	01:14:23	M AK 45	51	
Krause	Andreas	62	SG Tantalus Kiel	00:18:07	00:40:22	00:58:29	00:21:44	01:20:13	M AK 50	65	202
Kreutzer	Stephan	60	SG Tantalus Kiel	00:19:47	00:40:45	01:00:32	00:21:02	01:21:34	M AK 50	66	
Lührs	Jan	59	Eckernförder MTV	00:15:02	00:36:04	00:51:06	00:22:12	01:13:18	M AK 50	46	
Müller	Martin	84	Eckernförder MTV	00:16:10	00:37:10	00:53:20	00:21:36	01:14:56	M AK 25	53	
Niebergall	Andreas	65	Eckernförder MTV	00:13:41	00:38:30	00:52:11	00:23:31	01:15:42	M AK 45	58	
Müller	Egon	56	Eckernförder MTV	00:13:26	00:39:01	00:52:27	00:24:36	01:17:03	M AK 55	62	219
Bauer	Henrik	68	Eckernförder MTV	00:18:26	00:41:13	00:59:39	00:20:22	01:20:01	M AK 40	64	
Jegust	Thomas	68	Impalas Westküste	00:16:46	00:35:10	00:51:56	00:23:45	01:15:41	M AK 40	57	
Wiese	Daniel	56	Impalas Westküste	00:22:35	00:46:29	01:09:04	00:34:15	01:43:19	M AK 55	68	281

X 2 Min Zeitstrafe

X = Zeitstrafe

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## Einzelwertung

1.	van Stevendaal	Udo	68 TSV Bargteheide-Triathlon	00:12:09	00:30:11	00:42:20	00:17:36	00:59:56	
2.	Tödloff	Sven	66 Tri Team Neumünster	00:11:41	00:29:21	00:41:02	00:18:55	00:59:57	
3.	Eggert	Philipp	91 SG Wasserratten Norderstedt	00:09:44	00:32:19	00:42:03	00:19:15	01:01:18	
4.	Schreiber	Torsten	79 Borener SV	00:11:09	00:31:41	00:42:50	00:19:30	01:02:20	
5.	Drosdowski	Andreas	71 LAV Husum	00:12:18	00:30:35	00:42:53	00:17:29	01:02:22	X
6.	Stahnke	Johann Jakob	92 TSV Bargteheide-Triathlon	00:10:58	00:33:09	00:44:07	00:18:15	01:02:22	
7.	Langfeld	Peter	72 Tri Endurance Germany	00:13:33	00:31:20	00:44:53	00:18:03	01:02:56	
8.	Süßmann	Frederic	92 Team B&H Sports SC Itzehoe U23	00:10:47	00:34:02	00:44:49	00:18:11	01:03:00	
9.	Buschbeck	Malte	95 SG Wasserratten Norderstedt	00:09:19	00:32:54	00:42:13	00:21:04	01:03:17	
10.	Raabe	Patrick	86 TSV Bargteheide-Triathlon	00:11:27	00:32:49	00:44:16	00:17:16	01:03:32	X
11.	Meinert	Heiko	79 Tri Team Neumünster	00:12:18	00:32:25	00:44:43	00:19:01	01:03:44	
12.	Groen	Frank	62 SG Trias Bad Schwartau / PSV Eutin	00:12:02	00:32:47	00:44:49	00:19:05	01:03:54	
13.	Neuefeind	Tarek	94 SG Wasserratten Norderstedt	00:11:14	00:34:05	00:45:19	00:18:56	01:04:15	
14.	Petersen	Dirk	69 TSV Westerland	00:11:59	00:32:37	00:44:36	00:19:47	01:04:23	
15.	Nothbaar	Jan Hendrik	91 LAV Husum	00:11:28	00:33:26	00:44:54	00:19:32	01:04:26	
16.	Sachau	Lars	82 Tri Team Neumünster	00:11:36	00:32:51	00:44:27	00:20:01	01:04:28	
17.	Birmeyer	Stephan	69 SG Trias Bad Schwartau / PSV Eutin	00:12:26	00:30:38	00:43:04	00:19:43	01:04:47	X
18.	Hansen	Nick	95 Borener SV	00:10:57	00:34:11	00:45:08	00:19:54	01:05:02	
19.	Prahl	Christian	91 Tri Endurance Germany	00:12:15	00:33:44	00:45:59	00:19:07	01:05:06	
20.	Windbracke	Frank	82 Team B&H Sports SC Itzehoe Ü23	00:11:32	---	---	---	01:05:22	X
21.	Reich	Ronald	64 Tri Team Neumünster	00:12:21	00:32:21	00:44:42	00:21:07	01:05:49	
22.	Jeworek	Pascal	91 Team B&H Sports SC Itzehoe U23	00:11:26	00:32:41	00:44:07	00:19:48	01:05:55	X
23.	Eim	Nico	96 Team B&H Sports SC Itzehoe U23	---	---	---	---	01:05:56	
24.	Wachter	Christian	87 Tri Endurance Germany	00:13:03	---	---	---	01:06:23	
25.	Petermann	Rene	92 Team B&H Sports SC Itzehoe U23	00:11:31	00:34:48	00:46:19	00:20:20	01:06:39	
26.	Petersen	Willi	70 Triathlon Team Südtondern	---	---	00:45:26	00:19:59	01:07:25	X
27.	Nahnsen	Björn	77 Triathlon Team Südtondern	00:14:46	00:34:30	00:49:16	00:18:22	01:07:38	
28.	Wachter	Dennis	83 Tri Endurance Germany	00:13:03	00:33:23	00:46:26	00:21:18	01:07:44	
29.	Jähning	Maximilian	89 SG Wasserratten Norderstedt	00:12:51	00:35:55	00:48:46	00:19:02	01:07:48	
30.	Krohn	Jens-Uwe	57 TSV Bargteheide-Triathlon	00:13:01	00:34:44	00:47:45	00:20:34	01:08:19	
31.	Röckendorf	Niels	72 TSV Bargteheide-Triathlon	00:14:21	00:34:01	00:48:22	00:20:17	01:08:39	
32.	Jaschik	Jannis	90 Tri-Sport Lübeck	00:13:58	00:34:37	00:48:35	00:20:26	01:09:01	
33.	Marten	Thomas	59 Borener SV	00:13:43	00:34:41	00:48:24	00:20:58	01:09:22	
34.	Hansen	Jannek	89 LAV Husum	00:14:50	00:35:19	00:50:09	00:19:18	01:09:27	
35.	Wellpott	Thomas	81 SG Tantalus Kiel	00:15:14	00:35:43	00:50:57	00:19:08	01:10:05	
36.	Steffens	Roger	66 Team B&H Sports SC Itzehoe Ü23	00:13:45	00:35:26	00:49:11	00:20:54	01:10:05	
37.	Haß	Ulrich	73 Tri Team Neumünster	00:14:01	---	---	---	01:10:08	

X = Zeitstrafe

# Männer

38. Probst	Matthias	75 Borener SV	00:14:47	00:35:03	00:49:50	00:20:22	01:10:12
39. Petschat	Udo	68 Triathlon Team Südtondern	00:16:13	00:35:13	00:51:26	00:18:54	01:10:20
40. Radau	Stefan	67 Team B&H Sports SC Itzehoe Ü23	00:14:20	00:34:42	00:49:02	00:21:30	01:10:32
41. Gaasch	Bernd	62 Borener SV	00:15:06	00:35:45	00:50:51	00:19:45	01:10:36
42. Zander	Malte	80 Team B&H Sports SC Itzehoe Ü23	00:14:56	00:37:02	00:51:58	00:18:48	01:10:46
43. Heidenreich	Markus	67 SG Trias Bad Schwartau / PSV Eutin	00:14:09	00:35:16	00:49:25	00:22:04	01:11:29
44. Sönksen	Henrik	93 Team B&H Sports SC Itzehoe U23	00:12:55	00:35:08	00:48:03	00:23:50	01:11:53
45. Fabig	Sigurd	61 LAV Husum	00:11:56	00:34:48	00:46:44	00:26:12	01:12:56
46. Lührs	Jan	59 Eckernförder MTV	00:15:02	00:36:04	00:51:06	00:22:12	01:13:18
47. Schröder	Sven	86 Tri-Sport Lübeck	00:12:16	00:38:17	00:50:33	00:22:47	01:13:20
48. Leppek	Henning	70 TSV Westerland	00:14:57	00:38:44	00:53:41	00:19:40	01:13:21
49. Hoenack	Eric	96 TSV Westerland	---	---	00:48:39	00:24:53	01:13:32
50. Kroll	Rafael	73 SG Tantalus Kiel	00:14:13	00:37:31	00:51:44	00:22:33	01:14:17
51. Hendrych	Ralf	66 SG Tantalus Kiel	00:15:21	00:38:20	00:53:41	00:20:42	01:14:23
52. Brauer	Eik	78 Tri-Sport Lübeck	00:17:17	00:36:50	00:54:07	00:20:25	01:14:32
53. Müller	Martin	84 Eckernförder MTV	00:16:10	00:37:10	00:53:20	00:21:36	01:14:56
54. Ziriakus	Marco	74 Triathlon Team Südtondern	00:15:32	00:38:32	00:54:04	00:21:21	01:15:25
55. Friedrichs	Torben	92 Triathlon Team Südtondern	00:12:25	00:35:35	00:48:00	00:25:32	01:15:32 X
56. Schmidt	Mario	67 TSV Westerland	00:16:53	00:37:51	00:54:44	00:20:48	01:15:32
57. Jegust	Thomas	68 Impalas Westküste	00:16:46	00:35:10	00:51:56	00:23:45	01:15:41
58. Niebergall	Andreas	65 Eckernförder MTV	00:13:41	00:38:30	00:52:11	00:23:31	01:15:42
59. Pommerening	Martin	82 Tri Endurance Germany	00:15:36	00:38:02	00:53:38	00:22:56	01:16:34
60. Pruter	Timo	88 Team B&H Sports SC Itzehoe Ü23	00:17:15	00:37:03	00:54:18	00:22:19	01:16:37
61. Zeller	David	94 SG Trias Bad Schwartau / PSV Eutin	00:11:19	00:38:11	00:49:30	00:27:31	01:17:01
62. Müller	Egon	56 Eckernförder MTV	00:13:26	00:39:01	00:52:27	00:24:36	01:17:03
63. Röbbke	Niels	70 Tri-Sport Lübeck	00:16:32	00:38:58	00:55:30	00:24:15	01:19:45
64. Bauer	Henrik	68 Eckernförder MTV	00:18:26	00:41:13	00:59:39	00:20:22	01:20:01
65. Krause	Andreas	62 SG Tantalus Kiel	00:18:07	00:40:22	00:58:29	00:21:44	01:20:13
66. Kreuzer	Stephan	60 SG Tantalus Kiel	00:19:47	00:40:45	01:00:32	00:21:02	01:21:34
67. Maeker	Gunnar	93 SG Wasserratten Norderstedt	00:12:12	00:41:25	00:53:37	00:28:42	01:22:19
68. Wiese	Daniel	56 Impalas Westküste	00:22:35	00:46:29	01:09:04	00:34:15	01:43:19