



25. KN Förde Triathlon Kiel 2013

11. August 2013

Ergebnis

Landesliga SH Damen (0,75 / 20 / 5)

Landesliga SH Damen

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|-----------|-----------|------|-----------------------------|--------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 368 | 01:13:30 | Grube | Josefine | 1997 | SG Wasserratten Norderstedt | GER-SH | 00:11:45 | 5 | | 0 | | 0 | | 0 | 01:13:30 | 1 |
| 2 | 379 | 01:14:10 | Olivier | Jeanette | 1977 | SG TriDW-USC Kiel | GER-SH | 00:11:35 | 4 | 00:41:13 | 1 | 00:52:48 | 1 | 00:21:21 | 4 | 01:14:10 | 2 |
| 3 | 361 | 01:16:50 | Dr. Röwer | Tanja | 1968 | Triathlon Team Südtondern | GER-SH | 00:12:22 | 8 | 00:43:14 | 8 | 00:55:37 | 4 | 00:21:13 | 3 | 01:16:50 | 3 |
| 4 | 353 | 01:17:13 | Rothsack | Bente | 1979 | Triathlon Team Südtondern | GER-SH | 00:13:07 | 15 | 00:42:16 | 3 | 00:55:24 | 3 | 00:21:49 | 7 | 01:17:13 | 4 |
| 5 | 364 | 01:17:59 | Dahl | Regina | 1978 | Borener SV | GER-SH | 00:14:16 | 22 | 00:43:02 | 6 | 00:57:19 | 8 | 00:20:40 | 1 | 01:17:59 | 5 |
| 6 | 381 | 01:18:03 | Nissen | Cornelia | 1985 | TriAs Flensburg | GER-SH | 00:14:04 | 20 | 00:43:08 | 7 | 00:57:12 | 7 | 00:20:50 | 2 | 01:18:03 | 6 |
| 7 | 354 | 01:18:03 | Iversen | Kristina | 1981 | TriAs Flensburg | GER-SH | 00:11:25 | 3 | 00:42:09 | 2 | 00:53:35 | 2 | 00:24:28 | 23 | 01:18:03 | 7 |
| 8 | 357 | 01:18:24 | Günter | Kerstin | 1978 | TriAs Flensburg | GER-SH | 00:12:41 | 11 | 00:43:00 | 5 | 00:55:42 | 5 | 00:22:42 | 10 | 01:18:24 | 8 |
| 9 | 375 | 01:19:38 | Sprenger | Christin | 1983 | TriAs Flensburg | GER-SH | 00:12:18 | 7 | 00:44:19 | 9 | 00:56:37 | 6 | 00:23:00 | 13 | 01:19:38 | 9 |
| 10 | 360 | 01:20:31 | Lehmann | Christina | 1969 | Tri-Sport Lübeck | GER-SH | 00:13:02 | 14 | 00:44:38 | 10 | 00:57:40 | 10 | 00:22:50 | 11 | 01:20:31 | 10 |
| 11 | 378 | 01:21:06 | Zenthöfer | Marion | 1980 | SG TriDW-USC Kiel | GER-SH | 00:13:48 | 18 | 00:45:06 | 13 | 00:58:54 | 14 | 00:22:11 | 9 | 01:21:06 | 11 |
| 12 | 385 | 01:21:11 | Lentfer | Janina | 1986 | SG TriDW-USC Kiel | GER-SH | 00:14:36 | 24 | 00:45:01 | 12 | 00:59:37 | 16 | 00:21:33 | 5 | 01:21:11 | 12 |
| 13 | 383 | 01:21:12 | Mattiesen | Levke | 1988 | Triathlon Team Südtondern | GER-SH | 00:12:28 | 9 | 00:44:59 | 11 | 00:57:27 | 9 | 00:23:44 | 16 | 01:21:12 | 13 |
| 14 | 371 | 01:21:24 | Will | Sina | 1986 | Borener SV | GER-SH | 00:13:40 | 17 | 00:46:05 | 18 | 00:59:46 | 17 | 00:21:37 | 6 | 01:21:24 | 14 |
| 15 | 363 | 01:21:24 | Dembny | Frauke | 1964 | Borener SV | GER-SH | 00:15:44 | 28 | 00:42:47 | 4 | 00:58:32 | 12 | 00:22:52 | 12 | 01:21:24 | 15 |
| 16 | 373 | 01:21:27 | Stölting | Alicia | 1997 | SC Itzehoe | GER-SH | 00:13:52 | 19 | 00:45:26 | 14 | 00:59:19 | 15 | 00:22:08 | 8 | 01:21:27 | 16 |
| 17 | 362 | 01:21:51 | Dietzel | Camille | 1996 | SG Wasserratten Norderstedt | GER-SH | 00:11:13 | 1 | 00:46:33 | 19 | 00:57:47 | 11 | 00:24:04 | 20 | 01:21:51 | 17 |

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Ergebnis

Landesliga SH Damen

(0,75 / 20 / 5)

Landesliga SH Damen

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Endzeit | Pos |
|-----|------|----------|------------|------------|------|-----------------------------|--------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 18 | 359 | 01:23:49 | Giesenberg | Kimberly | 1994 | Tri-Sport Lübeck | GER-SH | 00:14:17 | 23 | 00:45:38 | 15 | 00:59:55 | 19 | 00:23:53 | 17 | 01:23:49 | 18 |
| 19 | 365 | 01:23:52 | Carstensen | Kerrin | 1988 | Triathlon Team Südtondern | GER-SH | 00:12:48 | 13 | 00:47:06 | 20 | 00:59:55 | 18 | 00:23:56 | 18 | 01:23:52 | 19 |
| 20 | 380 | 01:24:10 | Nommensen | Lena | 1992 | TriVelos Flensburg | GER-SH | 00:12:43 | 12 | 00:46:02 | 17 | 00:58:46 | 13 | 00:25:23 | 26 | 01:24:10 | 20 |
| 21 | 352 | 01:25:17 | Blunk | Nicole | 1966 | Tri Team Neumünster | GER-SH | 00:14:42 | 25 | 00:47:12 | 22 | 01:01:54 | 22 | 00:23:22 | 14 | 01:25:17 | 21 |
| 22 | 367 | 01:25:30 | Böhme | Mia | 1997 | SG Wasserratten Norderstedt | GER-SH | 00:12:10 | 6 | 00:48:19 | 25 | 01:00:30 | 20 | 00:25:00 | 24 | 01:25:30 | 22 |
| 23 | 355 | 01:26:26 | Hollstein | Christina | 1987 | Tri-Sport Lübeck | GER-SH | 00:16:27 | 30 | 00:46:01 | 16 | 01:02:29 | 24 | 00:23:57 | 19 | 01:26:26 | 23 |
| 24 | 358 | 01:26:41 | Kracht | Miriam | 1977 | SC Itzehoe | GER-SH | 00:15:07 | 26 | 00:47:09 | 21 | 01:02:17 | 23 | 00:24:24 | 21 | 01:26:41 | 24 |
| 25 | 351 | 01:28:23 | Dwinger | Ilka | 1970 | Tri Team Neumünster | GER-SH | 00:15:43 | 27 | 00:48:57 | 27 | 01:04:40 | 27 | 00:23:42 | 15 | 01:28:23 | 25 |
| 26 | 384 | 01:28:23 | Liber | Antonia | 1995 | SG Wasserratten Norderstedt | GER-SH | 00:12:37 | 10 | 00:48:18 | 24 | 01:00:56 | 21 | 00:27:27 | 30 | 01:28:23 | 26 |
| 27 | 370 | 01:28:47 | Wittenburg | Sabine | 1972 | Tri Team Neumünster | GER-SH | 00:16:35 | 32 | 00:47:44 | 23 | 01:04:20 | 26 | 00:24:27 | 22 | 01:28:47 | 27 |
| 28 | 386 | 01:30:54 | Sievers | Susanne | 1967 | SC Itzehoe | GER-SH | 00:16:32 | 31 | 00:48:47 | 26 | 01:05:20 | 28 | 00:25:34 | 27 | 01:30:54 | 28 |
| 29 | 377 | 01:31:12 | Reimann | Karen Skov | 1965 | TriVelos Flensburg | GER-SH | 00:16:11 | 29 | 00:49:17 | 28 | 01:05:29 | 29 | 00:25:43 | 28 | 01:31:12 | 29 |
| 30 | 372 | 01:33:25 | Weingardt | Yvonne | 1986 | TriVelos Flensburg | GER-SH | 00:13:28 | 16 | 00:50:38 | 29 | 01:04:07 | 25 | 00:29:17 | 31 | 01:33:25 | 30 |
| 31 | 369 | 01:38:56 | Petter | Ulla | 1962 | SG TriDW-USC Kiel | GER-SH | 00:17:22 | 33 | 00:54:24 | 30 | 01:11:47 | 30 | 00:27:09 | 29 | 01:38:56 | 31 |
| 32 | 356 | 01:45:56 | Heisig | Britta | 1970 | TriVelos Flensburg | GER-SH | 00:17:42 | 34 | 01:02:57 | 31 | 01:20:40 | 31 | 00:25:15 | 25 | 01:45:56 | 32 |

Einträge in der Liste: 32

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Shtu-Landesliga 11.08.2013 Kiel Frauen

| | | | | | | |
|-----------|----|----------|------------|------------|-----------------------------|----|
| 1. | 3 | 01:16:50 | Dr. Röwer | Tanja | Triathlon Team Südtondern | |
| | 4 | 01:17:13 | Rathsack | Bente | Triathlon Team Südtondern | |
| | 13 | 01:21:12 | Mattiesen | Levke | Triathlon Team Südtondern | 20 |
| | 19 | 01:23:52 | Carstensen | Kerrin | Triathlon Team Südtondern | |
| 2. | 6 | 01:18:03 | Nissen | Cornelia | TriAs Flensburg | |
| | 7 | 01:18:03 | Iversen | Kristina | TriAs Flensburg | |
| | 8 | 01:18:24 | Günter | Kerstin | TriAs Flensburg | 21 |
| | 9 | 01:19:38 | Sprenger | Christin | TriAs Flensburg | |
| 3. | 2 | 01:14:10 | Olivier | Jeanette | SG TriDW-USC Kiel | |
| | 11 | 01:21:06 | Zenthöfer | Marion | SG TriDW-USC Kiel | |
| | 12 | 01:21:11 | Lentfer | Janina | SG TriDW-USC Kiel | 25 |
| | 31 | 01:38:56 | Petter | Ulla | SG TriDW-USC Kiel | |
| 4. | 5 | 01:17:59 | Dahl | Regina | Borener SV | |
| | 14 | 01:21:24 | Will | Sina | Borener SV | |
| | 15 | 01:21:24 | Dembny | Frauke | Borener SV | 34 |
| 5. | 1 | 01:13:30 | Grube | Josefine | SG Wasserratten Norderstedt | |
| | 17 | 01:21:51 | Dietzel | Camille | SG Wasserratten Norderstedt | |
| | 22 | 01:25:30 | Böhme | Mia | SG Wasserratten Norderstedt | 40 |
| | 26 | 01:28:23 | Liber | Antonia | SG Wasserratten Norderstedt | |
| 6. | 10 | 01:20:31 | Lehmann | Christina | Tri-Sport Lübeck | |
| | 18 | 01:23:49 | Giesenberg | Kimberly | Tri-Sport Lübeck | |
| | 23 | 01:26:26 | Hollstein | Christina | Tri-Sport Lübeck | 51 |
| 7. | 16 | 01:21:27 | Stölting | Alicia | SC Itzehoe | |
| | 24 | 01:26:41 | Kracht | Miriam | SC Itzehoe | |
| | 28 | 01:30:54 | Sievers | Susanne | SC Itzehoe | 68 |
| 8. | 21 | 01:25:17 | Blunk | Nicole | Tri Team Neumünster | |
| | 25 | 01:28:23 | Dwinger | Ilka | Tri Team Neumünster | |
| | 27 | 01:28:47 | Wittenburg | Sabine | Tri Team Neumünster | 73 |
| 9. | 20 | 01:24:10 | Nommensen | Lena | TriVelos Flensburg | |
| | 29 | 01:31:12 | Reimann | Karen Skov | TriVelos Flensburg | |
| | 30 | 01:33:25 | Weingardt | Yvonne | TriVelos Flensburg | 79 |
| | 32 | 01:45:56 | Heisig | Britta | TriVelos Flensburg | |